



Bold Connections: Social and Emotional Learning for Teen Girls

The University of Illinois Extension in Cook County invites **young ladies aged 13-18** to register for Bold Connections: SEL for Teen Girls.

Bold Connections is a one-day social and emotional learning seminar designed to equip teens with the tools they need to be socially and emotionally intelligent and healthy. Participants will engage in topics related to:

Social Development • Mindfulness • Emotional Intelligence • Character Planning for Success • Leadership • Self-Confidence

Do not miss out on the fun! Space Limited! Register Today!

Date: Saturday, October 1, 2016

Time: 1:00 pm - 3:30 pm (Registration & Lunch at 12:30 pm)

**Location: University of Illinois Extension
2205 Enterprise Drive, Ste. 501
Westchester, IL 60154**

Register Here: <https://web.extension.illinois.edu/registration/?RegistrationID=14720>

FOR MORE INFORMATION, PLEASE CONTACT:

Dr. Durriyyah Kemp Bryant
Social & Emotional Learning
University of Illinois Extension

Phone: 708-449-4320
Fax: 708-492-1805
Email: kemp@illinois.edu